

# NATIONAL DAY OF PRAYER



National Day of Prayer  
High Point Hike  
(not an official or sponsored event  
by the National Day of Prayer Task Force)

4PM May 7, 2026  
Monument Parking Lot  
High Point State Park, NJ

We will gather and hike together informally while we pray for the Tristate region. Please consider this a self-guided hike and be responsible for your own conduct and safety on the trail. Please hike at a pace and difficulty level appropriate to your ability. Sturdy shoes, a bottle of water, a snack, and a jacket is recommended.

## Suggested Hiking Route (~3 hrs):

**4:00 PM** (sharp) Leave Parking area at Monument headed North on Monument Trail.

**7:00 PM** Arrive at Monument for Final Prayer

**7:45 PM** Depart before park closes

## Not Hiking But Want to Pray?

Meet us at the Monument at 7PM

### Isaiah 40:3-5

3 The voice of one who calls out,

“Prepare the way of Yahweh in the wilderness!

Make a level highway in the desert for our God.

4 Every valley shall be exalted,

and every mountain and hill shall be made low.

The uneven shall be made level,

and the rough places a plain.

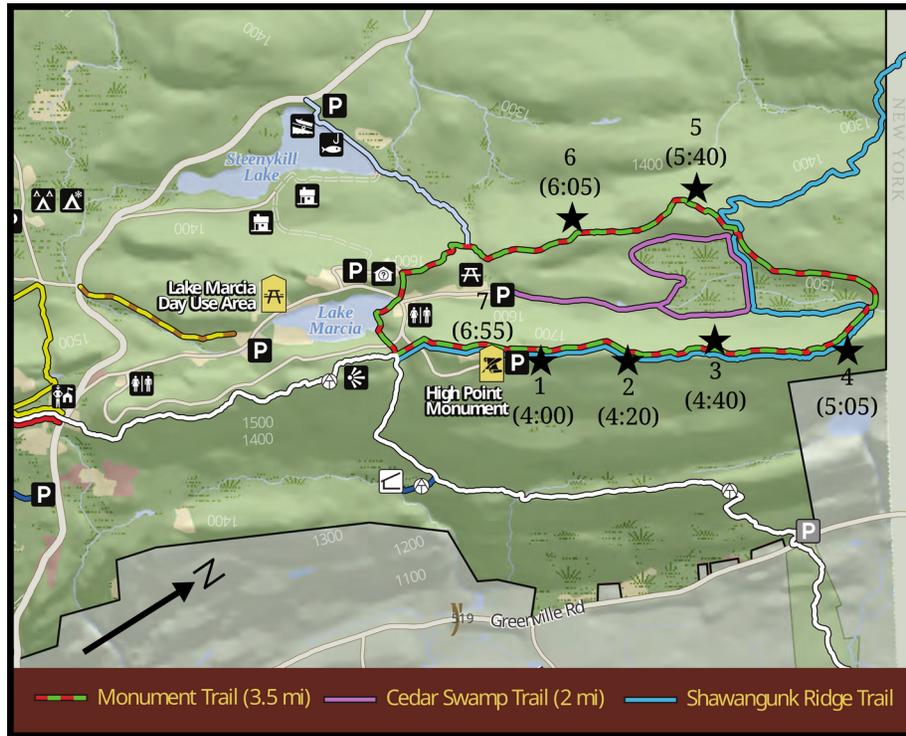
5 Yahweh’s glory shall be revealed,

and all flesh shall see it together;

for the mouth of Yahweh has spoken it.”



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## Prayer Guide

Numbers on the map represent overlooks. Prayer prompts for each overlook are provided.

**Every valley exalted and every mountain made low...**

**Mountains:** Pray to bring down obstacles and powers that elevate themselves above God, his will, and his people in each domain.

**Valleys:** Pray for God to lift up problems and systems that keep people down and suppress his will in each domain.

**1. 4:00 | Family:** What stands against the knowledge of God as our Father and the church as his family through Christ? What does God want to do in our own families and in the families of our region to

heal brokenness and prosper everyone? How does God want marriage and parenting to create a solid foundation for people in the Tristate?

**2. 4:20 | Church:** What is blocking the church and limiting our effectiveness? How can we have unity in the body and boldness to proclaim the Gospel and give God glory through good works?

**3. 4:40 | Education:** What are students, teachers, and administrators facing in schools today? What stands in the way of children's growth and success? How does God want youth and young adults prepared for their futures in our region?

**4. 5:05 | Media:** What message is being communicated by both legacy and social media to unite and motivate people (good or bad) and what image is gripping their imagination? How does God want to impact our "collective dream" as a society?

**5. 5:40 | Business:** What challenges are set against the work and thriving of the people in this region? What opportunities does the Father want to open up for his people to create value and prosper?

**6. 6:05 | Government:** What temptations and deliverance from evil are leaders on the local, state, and national level facing? How does God want his Spirit and his people to influence their decisions?

**7. 6:55 | Military:** What challenges lie before our service members and their posture towards adversaries and allies? How does God desire to bring peace, security, and justice to our world of conflict?

**"Tell of His glory among the nations,  
His wonderful deeds among all the peoples."  
1 Chronicles 16:24 NASB**